



® Narcotics Anonymous

Clean and Serene (Lyman) Group
Of Narcotics Anonymous
Guidelines

Revised October 25, 2011

“Everything that occurs in the course of N.A. service must be motivated by the desire to more successfully carry the message of recovery to the addict who still suffers. It was for this reason that we began this work. We must always remember that as individual members, groups, and service committees, we are not and should never be in competition with each other. We work separately and together to help the newcomer and for our common good. We have learned painfully that internal strife cripples our fellowship and prevents us from providing the service necessary for growth.” (Basic Text pg. XI)

SERVICE PRAYER

“God grant us the knowledge that we may work according to your divine precepts. Instill in us a sense of your purpose. Make us servants of your will and grant us a bond of selflessness that this may truly be your work, not ours, in order that no addict anywhere need die from the horrors of addiction.” (Basic Text pg. XI)

TWELVE CONCEPTS

1. To fulfill our fellowship’s primary purpose, the NA groups have joined together to create a structure which develops, coordinates, and maintains services on behalf of NA as a whole.
2. The final responsibility and authority for NA services rests with the NA groups.
3. The NA groups delegate to the service structure the authority necessary to fulfill the responsibilities assigned to it.
4. Effective leadership is highly valued in Narcotics Anonymous. Leadership qualities should be carefully considered when selecting trusted servants.
5. For each responsibility assigned to the service structure, a single point of decision and accountability should be clearly defined.
6. Group conscience is the spiritual means by which we invite a loving God to influence our decisions.
7. All members of a service body bear substantial responsibility for that body’s decisions and should be allowed to fully participate in its decision-making process.
8. Our service structure depends on the integrity and effectiveness of our communications.
9. All elements of our service structure have the responsibility to carefully consider all viewpoints in their decision-making process.
10. Any member of a service body can petition that body for the redress of a personal grievance, without fear of the reprisal.
11. NA funds are to be used to further our primary purpose, and must be managed responsibly.
12. In keeping with the spiritual nature of Narcotics Anonymous, our structure should always be one of service, never government.

TWELVE TRADITIONS

We keep what we have only with vigilance, and just as freedom for the individual comes from the Twelve Steps, so freedom for the group springs from our Traditions. As long as the ties that bind us together are stronger than those that would tear us apart, all will be well.

1. Our common welfare should come first. Personal recovery depends on NA unity.
2. For our group purpose there is but one ultimate authority, a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants, they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
5. Each group has but one primary purpose, to carry the message to the addict who still suffers.
6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.
7. Every NA group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever non-professional, but our service centers may employ special workers.
9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

ARTICLE I. NAME

Section 1. The name of this NA group shall be: ***Clean and serene*** (Lyman, WY) *Group of Narcotics Anonymous.*

Article II. Purpose

Section 1. This group of Narcotics Anonymous is a group designed to carry the message of recovery to the addict who still suffers residing in or passing through the Bridger Valley area. To help our members and visitors deal with living life on life's terms and helping with their needs to do so. Our group shall do so in accordance with the Twelve Traditions and the Twelve Concepts of Narcotics Anonymous.

Article III. Service Positions, Duties and Requirements

Position 1. GSR. The GSR is required to be clean for at least two years. This person will attend Area and Regional meetings as needed and bring the information back to the group. This person should have a working knowledge of the Twelve Steps, Twelve Traditions, and the Twelve Concepts. This will be a two year term.

Position 2. Alternate GSR. The Alt. GSR is recommended to be clean for at least two years. This person will assist the GSR, attend Area and Regional meetings with the GSR when possible and will fill in for GSR at these meetings when the GSR cannot attend. This person should have a working knowledge of the Twelve Steps, Twelve Traditions, and the Twelve Concepts. This will be a two year term.

Position 3. Treasurer. The Treasurer is recommended to be clean for at least two years. This person will work with the group's money. Pay our bills and dues, and buy supplies and etc. needed. This person should have a working knowledge of the Twelve Steps, Twelve Traditions, and the Twelve Concepts. This person should have at least average math skills. This will be a two year term.

Position 4. Secretary. The secretary is recommended to be at least one year clean. This person will make sure the meeting place is opened up, coffee is made, and everyone is welcomed in. This person will also type the minutes from group business meetings, and fill in for the Treasurer when they are out of town or cannot attend for any reason. The Secretary will be trusted with a debit card and deposit slips so they have the needed access to fill in for the Treasurer. This will be a two year term.

Position 5. Literature Stocker. The Literature Stocker is recommended to be at least one month clean. This person will set up the brochure rack and organize the pamphlets in it and then put it away at the end of the meeting. This person may also be asked to fill in for the Chairperson if needed. This position will be a year term.

Position 6. Chairperson. The Chairperson should have at least a month clean. This person will be responsible for choosing the topic and leading the meeting. This person may also fill in for the Literature Stocker. This position will be a year term.

Because of our small community we will not place a limit on the amount of terms anyone can do for each position. We will, however, reserve the right to change this anytime in the future.

ARTICLE IV. ELECTIONS

Section 1. We will have voting in June and then the new voted service people will spend 6 months learning the positions from the ones going out. New service people would then start their term in January. So our next voting will take place in June of 2013 and the officers will take over in January 2014. There will not be any term limits.

Section 2. Forced Termination. The entire group body must agree to fire an officer. It needs to be unanimous.

ARTICLE V. PRUDENT RESERVE AND NA DUES

Section 1. Prudent Reserve. The prudent reserve for the Clean and Serene group will be \$300.

Section 2. NA Dues. We will pay our dues quarterly. We will pay the church 25%, WWASC 25%, Rocky Mountain Zonal Region 25%, and NA Worldwide 25% of all monies saved above our prudent reserve.